

## EDUCATIONAL SESSIONS THAT NORMA NICHOLSON DELIVERS

### FORUMS

PUBLIC SPEAKING, CONFERENCES, WORKSHOPS, SMALL / LARGE GROUPS  
DISCUSSIONS, ONE-ONE EDUCATION SESSIONS, SMALL PROJECTS, SYMPOSIUM &  
COMMUNITY OUTREACH

1. Child poverty and surprising outcomes.
2. Preventative Strategies to decrease the overrepresentation of Black Youth that are incarcerated.
3. Youth in the Criminal Justice System and their Health.
4. Children and youth with precarious immigration status... where are they?
5. Trauma through a healthcare lens... all age groups.
6. Fetal Alcohol Syndrome and its impact on children, youth, families, and communities.
7. Mental Illness in Children and Youth...how do you identify the onset.
8. Families that are negatively impacted by mental illness... stigma.
9. The Body Keeps the Score...trauma.
10. Ways to build self-esteem and build values in your family.
11. Kicked out of school... you did not know...what happened?
12. Elder Abuse... do you provide solutions?
13. Anti-Black Racism can cause mental illness.
14. Students who are lost at school.
15. The teens who hurt.
16. Difficult conversations are only problem-solving...use compassion, patience, and courage.
17. Negotiations are only conversations; to have a winner or loser is antiquated.
18. Do not allow your past to dictate your future.
19. Parenting skills to help their children reach their potential.
20. Trauma can lead to mental illness.
21. Forgiveness and living a healthier life.
22. Alcohol addiction is a public health disease.
23. Homelessness and the consequences...could you become homeless?
24. Because of you, I did not give up...mentorship.
25. A more humane and effective Criminal Justice System.
26. FASD...impact on children's learning outcomes
27. Societal stigma is rampant against minority youth and families who become involved in the criminal justice system. What are some solutions?
28. Leadership skills, teens and adults
29. Why I write children's picture books
30. Managing racism and unequal treatment in the workplace
31. Facilitate a trauma-informed work environment

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